

The Vibration That Is You

1994-09-09

- 1994-0909-001 Beloved and holy and only Child of our Heavenly Father, Child of Light divine. I am the one known as Jeshua ben Joseph and it is in great joy that I come to abide with you in this evening in your timing as you have chosen to turn the focus of your attention unto me.
- 1994-0909-002 This is always a grand reunion. It is always in joy that I come to abide with you. Always the smile upon the face and the smile within the heart. It is a reunion of what would be seemingly the separate parts for you would say that Heidi is sitting upon the chair here and that Kay is sitting next to her and that there would be the separate bodies. There would be the separate individualized personalities that you identify yourself with in this day and time.
- 1994-0909-003 Beloved Kite Flyer, and yet the energy that you are is one. You are a great ray of Light. That is your true essence: the energy of Light ever-ongoing and ever expressing. Experienced as Love. For know you when the smile comes upon the face and when the joy is in the heart what happens? What do you feel like? What happens within your very being? There is an expansion that you feel, a dynamic aliveness of expansion that allows you to connect with the very energy that you are that allows you to connect with the Child that you are and to allow that Child to be birthed, to come again and to play. To play upon this plane.
- 1994-0909-004 And that is all that your Father asks of you to do, is to play upon this plane and to remember who you are as the holy Child. To know that you are unlimited, that you are the creative one upon this plane. You have brought forth and are bringing forth in every moment whatever you see in front of you. That is who creative you are.
- 1994-0909-005 Everything that you behold: the chair upon which you are sitting, the one that would be seated next to you as you look into her eyes. You are calling that forth in what is termed your consciousness, your awareness. You are the creative Child, creating moment by moment exactly what you see in front of you.
- 1994-0909-006 You are the one who is calling it forth in this evening to be with you in this manner, to play with you, to be in joy with you. For that is truly your state of being when you awaken and realize, bring into total awareness your Reality - with a capital "R". Realize who you are then there is a grand

laugh for you know yourself to be unlimited. You know all that has happened has been as the adventure of the holy Child. The Child who set out to experience all. Who asked, "What can I create? Where can I go?" And when you created the heavens and the earth in concert with our Holy Mother, the Earth who is as you are, a Light being. When you created upon this plane the flowers, the trees, the mountains, the energy of the wind, then you asked, "What would it feel like to experience the mountains? What would it feel like to experience the wind?" and you became the wind. You became the mountain. You became what you would call the energy of the minerals to know, "What does it feel like to be in vibration as the crystal?" Of the Light that you are.

- 1994-0909-007 Know you that is why you desire to experience the crystals. Why you wear the beautiful colors upon the body. It is to remind you of the Light that you are.
- 1994-0909-008 When you see something that will reflect to you the Light, stop and pause and know that it is your own Light that you are beholding. It is there to remember, for you to remember who you are as the great ray of Light that you are and you are beautiful.
- 1994-0909-009 In every moment you bring forth and express your belief about who you are and as you allow yourself to come in more wakefulness to that place of realizing the Love that you are, the Child that you are, there is such a grand radiance seen even about the countenance, around the body.
- 1994-0909-010 That is why the portraits, the pictures that you have seen of me that have been painted have had what you would term the radiance, the halo. It was not that I was wearing some neon light above the head. It was the show and to symbolize the Light that I knew myself to be one with and that I allowed to radiate even through the very cells of the body. And know you, beloved one, that is exactly what you are doing now.
- 1994-0909-011 All of you, I would ask of you: let us do an experiment for fun right now. Behold the one next to you. Turn and face one next to you and look at one next to you. Yes, and allow yourself to come unto a place of peace within the heart.
- 1994-0909-012 Breathe in the golden white Light that you are. Take a deep breath and take it into the very cells of the body themselves. Yes, beloved one, breathe in the joy that you are, the spontaneity of the joy.
- 1994-0909-013 Breathe in the golden white Light that you are and feel a peace. Allow yourself to abide in peace and look upon the one in front of you with what you would call soft eyes. Eyes that are relaxed and are a bit diffused.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-014 Allow them to relax and behold all of that one's face. Be what you would call in a very relaxed gentle place with it. Knowing that the one you behold is you for there is no separation.
- 1994-0909-015 You are the Light of that one. Allow yourself to see the Light of this one. Allow yourself to see around what would be the boundaries of the body. To see the Light that this one is. To behold the energy of the one who sits in front of you.
- 1994-0909-016 Allow yourself to speak unto that one silently from the heart, but to speak unto that one what you would say from the heart to that one. Tell them that you behold the Light that they are. Allow them to know from your heart to their heart the Love that you are and that they are. And behold the Light that is your Light.
- 1994-0909-017 Breathe deeply of the golden white Light that you are and abide in the heart, the peaceful place of the heart where you connect once again with the oneness of the Light. Not the separateness of the bodies but the Light, the energy that knows no separation.
- 1994-0909-018 For when I behold you I see no separation. I see a current of Light. Energy that is flowing, that is radiant, that glows with the energy of Love which you are.
- 1994-0909-019 Breathe in the golden white Light that you are and allow the very eyes themselves to close and come unto the place of stillness in the heart and speak unto the one from your heart, speak the words that you would share with this one silently from heart to heart. Tell them what you have seen. What you feel. Tell them what you know of yourself.
- 1994-0909-020 {Silence}
- 1994-0909-021 And tell them what you know of them for they are as you.
- 1994-0909-022 {Silence}
- 1994-0909-023 And now abiding in that place of peace, that place of stillness in the heart allow the eyes to open once again. Allow the bodies to be comfortable in the chairs once again. But know that you have touched the heart of the one who sits in front of you. You have, as you would see it, intermingled your energy, your Light with the ones that you have shared in this moment and you will never be the same as you were a few moments ago for there has been a re-connection, a re-remembering from heart to heart and it is powerful.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-024 All too often the brothers and sisters get so wrapped up in activities and in words that they do not pause to acknowledge the Christ who stands before them. Not I, as Jeshua ben Joseph the Christ, but Sharon the Christ and beautiful Merrisa, one of your names. All of you are the Christ and as you allow yourself to pause in the activities, in the hurrying of the mind, as you allow yourself to pause and to come again unto the place of the heart you find your Self. The Self with a capital "S", your Self.
- 1994-0909-025 And then a miracle happens and yet it is not a miracle for it is a very natural occurrence, but it is a seeming miracle for what you find is that you are one with the one that you are speaking unto. No matter what the words would be, you look into that one's eyes and for an instant you know yourself to be one with that one. For that is all there is, is one.
- 1994-0909-026 It is the body and the physical senses that would speak unto you of separate and individualities and yet, you are the energy that I am. That is why I come and I touch. To allow you to know that there is no separation. I reach out and I touch and I say, hey, I Love you for the energy that you are. I know myself to be you and I admire the beard. {Stroking the beard of a brother.}
- 1994-0909-027 {Laughter}
- 1994-0909-028 Indeed. It is my grand joy whenever in a group such as this there is one who comes with the beard for I have asked my teacher if she would grow me one. But she does not do it.
- 1994-0909-029 {Laughter}
- 1994-0909-030 So I must come and I must admire the beard.
- 1994-0909-031 **Tom could do it.**
- 1994-0909-032 I have asked Beloved Elder, but again he does not do it.
- 1994-0909-033 **Why hide such a wonderful face?**
- 1994-0909-034 Indeed, and the Light thereof, yes. You are one who is very quick. Indeed. All of the family has experienced the quickness of the mother and it has been thus in what you would see as many lifetimes. It is something that comes quite natural does it not?
- 1994-0909-035 **Uh huh.**
- 1994-0909-036 As a fountain?
- 1994-0909-037 **Right.**
- 1994-0909-038 Indeed, you have practiced.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-039 **Yes.**
- 1994-0909-040 And it is a good, a good thing to practice.
- 1994-0909-041 All of you would see that you have various abilities and talents and all of you do. All of you are focusing in what you would see as this lifetime upon certain abilities and talents, characteristics, traits, you would call them. Even the growing of the beard. Indeed.
- 1994-0909-042 You have all abilities. You have all traits and characteristics. You have wisdom in what you would see as all areas and when you allow yourself to tap into, to expand into the universal Mind, it is all there for you. But what you have chosen to do is to focus in this lifetime upon certain characteristics and abilities, talents you will call them, and to share those with your brothers and sisters.
- 1994-0909-043 There are certain ones, abilities you would call them that are as strengths to you and you have practiced these in other lifetimes as well and you bring them forth in this lifetime to again integrate all of the aspects of the holy Child and to remember your oneness.
- 1994-0909-044 Now, when you see one such as the mother who will be playing upon the drum, beautiful vibration.
- 1994-0909-045 **They are.**
- 1994-0909-046 Indeed, and it speaks to everyone in the heart does it not?
- 1994-0909-047 **It does.**
- 1994-0909-048 For when you feel the very physical vibration of that drum where does it resonate? In the heart, exactly, right in what you would call the chest area, the heart and there is a very definite vibration that you are aligned with. You will find even the physical body, the molecules of physicality that you have collected from the dust of our Holy Mother, the Earth called matter, physical matter. There is a vibration of that design pattern that vibrates with the drum. That vibrates with other what you would call, musical instruments as well. Such as the piano or the organ that is over there.
- 1994-0909-049 Indeed, and what you would see as the violin and the reed instruments. These are all ways of making the vibrations which is you. And you will feel as one plays an instrument, you will feel the vibration that is you. It will come and it will be so transfixing that you will feel yourself to be connected and you will feel yourself to be one.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-050 There are times, is this not true, that when you are drumming you do not see yourself as the body. You do not see yourself as the hand upon another instrument. You know yourself to be one with that vibration.
- 1994-0909-051 **Yes, you get lost in it.**
- 1994-0909-052 You get lost in it, exactly. You get lost in the oneness that you are for you are vibration. Indeed, that is why you like chanting so much for you have your own instrument of vibration that you carry with you at all times. It is known as the voice.
- 1994-0909-053 When you speak words you allow the vibration that you are to go forth and there are times that you speak most powerfully.
- 1994-0909-054 **That's true.**
- 1994-0909-055 And there are times that you speak most softly. It is your vibration that you are sending forth in what you would see as a very measurable vibration. Always at all times you are vibrating. You are sending forth the vibration that you are even in times that you would call to be quiet times. Times of repose you are vibrating.
- 1994-0909-056 You as the Light that you are, as you beheld in another one, even with what would be known as the physical eyes you can see the Light around one and when the eyes are closed you can feel the Light that they are. You know yourself to be not two, but one, and you can feel the energy that passes between the two of you as you are sitting together as you are sharing even in what would be known as a group of three, you could feel the revolution of the energy going around. Yes, your energy is always in motion, always vibrating.
- 1994-0909-057 **It breaks windows.**
- 1994-0909-058 Indeed, it will. It will break the crystal glass when it is in tune with that vibration you can see it happen.
- 1994-0909-059 But all of you are vibration. All of you are Light. All of you are joined as the one that you are. There is no separation. It is only the bodies that would speak of separation. It is only the belief held for what you would see as many lifetimes. The belief that would speak that there are strangers and that there are individuals separate from you and yet, the hum that you are, the vibration that you are, indeed blends with everyone else's hum. And in your very quiet time you can hear the hum of our Holy Mother, the Earth and of all that abide upon Her. That is how One you are.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-060 Pause in this week of your timing that comes up for you in what you would call your next week, remind yourself to pause. When you are speaking unto one allow them to speak and look deeply into their eyes and listen. Listen for their hum. Listen for their vibration and know yourself not to be separate from any of your brothers or sisters. All are the Light that you are exhibiting and expressing other behaviors, yes. Some of them quite in opposition to what you would see as the natural flow of Love and yet, that is but a cry to know the Love that they are.
- 1994-0909-061 They are asking for someone to show them the Love that they are. To allow them to know that there is such a thing as Love and hope upon this plane for there are many of your brothers and sisters who have lost hope even from the time that they would see themselves to be infants and as they grew to be toddlers and young children. They did not see joy in the world. They did not see value. They did not see hope and they did not see Love.
- 1994-0909-062 And yet they are calling out to know who they are. They are calling out from a place of the heart that hurts and all of you have experienced the hurt of the heart. All of you can relate. There have been your times when you have sat and you have felt hopeless and you have poured out your heart unto a brother or a sister, to a mother, to anyone who would open the shutters of their heart and allow you in. And even if there was not another being in the room that you could see with the physical eyes you have poured out your heart even unto the very walls of the room and you have cried out unto me and I have heard you and I have said, "You are Love, beloved Child. This too shall pass." This too, that you see yourself right up against with the nose upon the window pane as it would be and the vision is this far. {Holding hand up close to the face.} This too, shall pass and a grander vision you shall see.
- 1994-0909-063 And what has happened for you when you have allowed that emotion to be spent and you have cried unto the heavens and unto anyone else who would hear, who would listen? What has happened?
- 1994-0909-064 **I feel wonderful afterwards.**
- 1994-0909-065 Indeed, there has been what you would call, an enlightenment and you have allowed yourself to be lightened. You have let the burden go. You come unto that place where you are finally finished, at least a pause for a moment in the action. A pause that is long enough for the still small voice within to speak unto you and say, "But there is more." And you have taken that small bit of hope and you have nurtured it and you have allowed it to grow and

know you why you have done that? Because you are that Love. Because very deep within your soul you remember the Love that you are.

1994-0909-066 **And it's a grand adventure.**

1994-0909-067 And it's a grand adventure, indeed, and as you allow yourself to come Home, beloved one, you speak hope unto the other brothers and sisters who so much want to know that there is something good to believe in and there is all good to believe in. That is who you are. It has been temporarily forgotten and that is the gospel.

1994-0909-068 {Laughter}

1994-0909-069 The gospel is not that one such as Jeshua ben Joseph was born and lived and supposedly died for you sins. I did not die for your sins. First of all, I am very much alive and well.

1994-0909-070 {Laughter}

1994-0909-071 **And there is no sin.**

1994-0909-072 And there is no sin.

1994-0909-073 **That's right.**

1994-0909-074 I did not die for your sins.

1994-0909-075 **I don't sin.**

1994-0909-076 Very good. Very good. The only sin beloved ones is the temporary forgetting of who you are and that is changed in an instant and you do not sin. When you remember who you are there is no longer a veil that would be called sin in front of you for you behold your own radiance and your own Light and the Love that you are and you come Home again.

1994-0909-077 That is the gospel that it is a temporary forgetting. That is where all hope lies for it is something that has come to pass. Not to stay but to pass. To be remembered, to re-member, as we have spoken earlier this evening, to re-member the seemingly separate parts as the One that you are. That is what re-membering is.

1994-0909-078 Taking what would seem to be the separate members and seeing the Truth of the wholeness. That is why this age upon your plane is a grand time of remembrance for you remember who you are. You know yourself to be one with me, with the one who seemingly sits next to you and yet blends his energy with yours for there is no separation in death. Even in what you would see as the physical expression you are breathing in the air that this

1994-09-09 Oakbridge University Channeled by Judith Coates

one has just expelled. That is how much interchange there is and vice versa. Do you think that you breathe new air? No, it is used.

- 1994-0909-079 {Laughter}
- 1994-0909-080 It is what they would term, recycled. Indeed, from the beginning of time and that is okay. It does keep the body functioning. I would not advise that you hold the breath because you do not want to breathe recycled air.
- 1994-0909-081 {Laughter}
- 1994-0909-082 It would not take the body too far, would it? No.
- 1994-0909-083 All of you are vibration. It is not by accident that this one has brought her drum this evening.
- 1994-0909-084 **It was not?**
- 1994-0909-085 Would you think we would be an accident?
- 1994-0909-086 **No.**
- 1994-0909-087 Thank you for hearing me, beloved one, and bringing what is very close to your heart. Bringing it and sharing it with ones. Would you bring it again out in front?
- 1994-0909-088 **Sure. To play?**
- 1994-0909-089 Indeed, share the vibration.
- 1994-0909-090 {The sister goes and unpacks her African drum.}
- 1994-0909-091 Not only to share what you would see as the tones of it but also to share what would be known as the rhythm, for all of you again in the vibration that you are have rhythm.
- 1994-0909-092 In what would be known as ancient times, very ancient times always you would call forth... {Sister sets drum in front of Jeshua} Beloved one, this is yours.
- 1994-0909-093 **You are not going to play?**
- 1994-0909-094 Not just yet.
- 1994-0909-095 You would call forth in many different methods the vibration that you are. You would call it forth by two stones together. Two of what you would see as two sticks together and before you had that, what did you have?
- 1994-0909-096 **The hands.**
- 1994-0909-097 The hands. Always, indeed, and you started with a very simple rhythm which echoes the heart beat who you are. {Sister is beating the drum of a

1994-09-09 Oakbridge University Channeled by Judith Coates

rhythmic beat and Jeshua and the group are clapping to the beat.} That is why you find your-self so in vi-bration. So one with vi-bration. It is the vibration of the body that you are. All of you.

- 1994-0909-098 {Clapping & drumming continues}
- 1994-0909-099 Again feeling your one-ness. It is the heart. Indeed.
- 1994-0909-100 {Keeping up the beat.}
- 1994-0909-101 And you felt yourself expressing and you felt the power in the expression and you felt the power of vibration for this was used then to speed up... {Clapping & drumming speeds rapidly.} ...until you came unto another vibration.
- 1994-0909-102 What you did with what was your vibration you lifted it and you felt yourself heightened. Often times this was used before you would go into what you would see as battle. Before you would have to go and confront someone you would allow yourself to raise your vibration and what you were doing then was to bring yourself into a place of knowing the Light that you are, of knowing the power of that you are. To bring yourself into a place of heightened expression of the vibration that you are.
- 1994-0909-103 For know you there are times when you feel down. You feel the vibration of who you are, down, and as you feel down even the very body will show it and you feel the weight of the world upon the shoulders, down the back and the body will show it and you feel yourself in times when you are down, when you have allowed your vibration to come into constriction, and you feel vulnerable. You would call it vulnerable that someone else perhaps would have more energy than you and would somehow do something to you.
- 1994-0909-104 But when you allow yourself to rev up, know you that term? Rev up? What do you do? Yes, you wind yourself up like you would have a key in the back and you wind it up, yes. You raise up your vibration. You get in tune with the higher vibration that you are and you actually allow the cells themselves to vibrate at a slightly higher rate of vibration. And if you could behold your Light in that time, you would see it to be more turned on, they call it. More radiant.
- 1994-0909-105 Yes, it happens in those cases too.
- 1994-0909-106 {Laughter}
- 1994-0909-107 **I have a question.**
- 1994-0909-108 Indeed, yes.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-109 **It's one of those what came first the chicken or the egg kind of questions. If I let my physical body become toxic and run down does that bring my personal vibrations down?**
- 1994-0909-110 Always the body is your perfect servant. The body will out-picture for you what you are believing about yourself. The body is never, what you would call, toxic but your belief about yourself can sometimes be highly toxic to the expression of the Light that you are.
- 1994-0909-111 **True.**
- 1994-0909-112 In those times then the body will speak unto you that there is toxicity and that you feel tired and you feel draggy and that there is not much energy. But it is not the body, it is the belief that you are holding about yourself. The belief about what you feel is going on and how you can handle it for sometimes there will be questions and you will come unto a place of saying, "I don't know how to handle this. Therefore, I will escape into illness," and all of you have done this. As children when there was something that you did not want to face or a place that you did not want to go, all of a sudden you would get a cold or something else and you would be excused from doing whatever the activity was. It did not help you any in overcoming the fear of it, for you as the grand creator that you are would bring it again around right in front of you, to look at it again. But you would hold it off at least for a time being and say, "No, I won't deal with that today. I will be sick instead so that I have an excuse." But then you allowed the body to get well and it came around again.
- 1994-0909-113 And many lifetimes all of you have gone through what you would see as the major illnesses to the point where you laid down the body and it was not the body that had the illness but it was your belief about yourself and your desire to escape what you were creating.
- 1994-0909-114 But now you have come unto a place where you are calling forth even in this evening these words and these concepts. You are calling forth a grander vision of who you are. You are allowing yourself to entertain new ideas about expression upon this plane and it is okay to have illness of the body if that is what you desire to experience. It is okay. It doesn't always feel good.
- 1994-0909-115 **When you break into a new vibration, open yourself up to new vibrations and there is a point where you feel overwhelmed?**
- 1994-0909-116 Yes, indeed. What you are doing in times like that is expanding the comfort zone. The zone that you have known, it might have been most constricted but it was very familiar and you are allowing that to relax a bit and it feels

different and there are times like that you need to be gentle with yourself and allow yourself time to feel what that newness feels like.

- 1994-0909-117 It is like putting on a new jacket, coat, whatever and allowing yourself to get the feel of it. Allowing yourself to see, "How does this sleeve feel? It may be a bit looser than what I'm used to."
- 1994-0909-118 All of you, as you have been children and you have grown, there has been the clothing, the very physical raiment that you have put upon the body and if you were to wear the same clothing that you wore when you were five years old and you had gotten to the place of ten years old, that clothing would be most constrictive because you have grown.
- 1994-0909-119 This is what happens with your image of yourself and your concepts about yourself and your world. You are growing, you are expanding but if your comfort zone is still at the place where it holds you like this, there needs to be a time of integration, a time of adjustment and often in those times you will find the body mirroring for you the quiet time that you need in the soul to come unto the place of adjustment.
- 1994-0909-120 It is not that the body itself needs the time of quiet or the time of sleep, but it is out-picturing for you what is going on within the inner and what is going on with the growth within.
- 1994-0909-121 **So it's normal to try to put the clothes back on?**
- 1994-0909-122 Many times, indeed, many times you go back and you want to put on the clothing of the five year old and you cannot move. Of course not. You've outgrown it.
- 1994-0909-123 But allow yourself to be gentle with yourself and have time for that adjustment. To have time to flow with the new perceptions, the new images, the new concepts that you are entertaining. To be the Light that you are and to be fluid with it for that is your true nature. The fluidity, not the constriction. That doesn't feel good.
- 1994-0909-124 But allow yourself to flow even in the expression of the body allow the body to flow even the muscles themselves. Allow when you walk and you bend the knee, allow it to bend. Allow yourself to be as the reed in the wind. Every muscle in the body is there as your servant, to allow you to express in every moment. Use every muscle. Acknowledge every muscle.
- 1994-0909-125 Know you how it is when you exercise? You perhaps do a new exercise or even if you are doing a new gardening and you use muscles that you haven't used since the year before. Do they speak unto you?

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-126 **Yeah, loud and clear.**
- 1994-0909-127 **Indeed, very loud. The next morning you go to get up out of your bed and the muscle says, "I'm sorry but I gave yesterday. You want more?"**
- 1994-0909-128 **{Laughter and comments}**
- 1994-0909-129 **But the best thing for that muscle is to get up and to use it again and then it gets adjusted. Not adjusted like this but adjusted into the flow. Use every muscle. Allow yourself to be the fluidity of the Light. Allow yourself to go as the dance of Light that you are in every moment.**
- 1994-0909-130 **Not only in interactions, yes, but in the very physical expression of who you are and you will find, you will find that as you allow yourself to go in the physical expression with more ease, more gentleness, what will happen in the relationships will be more gentleness, more fluidity of the expression. Much more ease.**
- 1994-0909-131 **It all goes, as it is said, hand in glove. It all goes together. As you allow yourself to be gentle with yourself then you can allow yourself to be gentle with others.**
- 1994-0909-132 **Again, the vibration it was used to allow you to express in form the dance. To express the vibration as you would feel it one with you and you would find yourself very much in motion with the rhythm, with the vibration.**
- 1994-0909-133 **Know you how hard it is to sit still when there is someone playing a rhythm? Someone that is playing music that has a certain beat to it and you find yourself tapping the toe? Perhaps the rest of the body is sitting but the toe is going.**
- 1994-0909-134 **That's one of the neat things about that drum. You can play it standing up.**
- 1994-0909-135 **Indeed and you can move. That is what it is for: to allow the movement, the expression of who you are, always. So what have we been speaking of this evening? We've been speaking of vibration. We've been speaking of who you are. We've been speaking of the Light that you are, the energy that is unlimited. That is free flowing and expanding and the sound. Now that is what you have brought forth upon this plane is sound to be able to hear it. Vibration is all around you always. Sound is what you hear upon this plane because you have given yourself something as a receptor to hear the sounds. Always there is vibration. Vibration of the heavens, the harmony of the spheres, the universes. And yes they all hum. There is a grand harmony, symphony and it is experienced as sound upon this plane.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-136 There is no separation. There cannot be for you are that energy. So when you get yourself caught into a place where you are seeing separateness allow yourself to breathe. Take in one deep breath and with that breath you connect in the heart with the one who stands in front of you.
- 1994-0909-137 You allow yourself pause for Thought. Pause for Thought with a capital "T" that tells you who you are. This is why you have devised in moments of anger. You have a saying in your world to count unto ten, yes, and hopefully somewhere in that counting you will take a breath.
- 1994-0909-138 {Laughter & comments}
- 1994-0909-139 See, there is wisdom. There is wisdom that you put forth in what you would see as just a little technique for dealing with anger. Yes, you may pass out and that will take care of it, too, for that will give you pause for thought as well and perhaps for the one who is standing in front of you, give them pause for thought as you lie upon the floor. Try that next time.
- 1994-0909-140 {Laughter}
- 1994-0909-141 **I've done that. Been there.**
- 1994-0909-142 You have indeed. We joke and we laugh but there is great wisdom behind all that is spoken. All of the ideas that come unto you, abide with them and ask yourself, "Where does this idea come from? What is behind what I am feeling? What I am thinking?" Allow yourself time to pause and to go to the heart, that quiet place within and ask, "What is truly going on here? Why do I feel this way? What is it picturing for me?" And the inner wisdom will come forth.
- 1994-0909-143 And you may find yourself in the midst of chaos, in the midst of someone else doing their thing, as it is called. You may find yourself smiling with the peace of the Child, the inner Child. Smiling at that one for all of a sudden you have seen a new picture. You have seen with new eyes and when you, beloved one, pause long enough to connect with who you are, you uplift all of creation.
- 1994-0909-144 For you give your brother or sister an opportunity to see anew for they will wonder, "How can Kathleen be smiling through the midst of all of this. I've just been telling her...." This whole paragraph, "and she stands there with the peace of an angel smiling at me. She's either lost her wits or there is something else going on," and both are true.
- 1994-0909-145 {Laughter}

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-146 You have lost the wits of the world that would say that it need be seen only with the blinders on. You have lost those constricting beliefs and you have allowed yourself to come unto the place of the wisdom within.
- 1994-0909-147 You are the vibration of beauty even the miracle of what you create known as hair. Have you ever thought of the miracle of one single strand of hair and how you create that and how it grows without your even sitting and saying to it, "You must grow,"? But it does your bidding. It grows and it expands showing you how you are growing. Always ongoing. Even if you would shave the head what would happen? It would still grow, always expressing the Light that you are. That is all that it knows how to do for that is what you are: the Light that is always expressing, ever-ongoing just as the hair. All it knows to do is to grow. That is all you know to do, is to grow, to express, to be the Light that you are. The vibration. The vibration of joy. The vibration of freedom. The vibration of the Child. The Child with a capital "C" that knows that he is unlimited and all you need do is to Love, to extend the Love that you are first unto yourself. To appreciate the grand beauty that you are. Not the physical beauty although there is that as well, but the beauty of the Light that is always expressing and the beauty of the Love that is given forth then unto anyone who stands before you. That is all that our Father asks us to do, is to know who we are.
- 1994-0909-148 Now would be a good time to take a break, to refresh the bodies, to drink some water, to allow the vibration to come unto a balance and then we will meet again in what you would see as thirteen minutes of your timing and we will entertain the questions if there be questions.
- 1994-0909-149 So be it.
- 1994-0909-150 {Break}
- 1994-0909-151 Beloved and holy Child, did you pause in what is known as your break? To behold and to hear the hum of the one who stands before you? Yes.
- 1994-0909-152 The radiance that is in this room is beautiful to behold and the radiance when you allow yourself to be in love, yes in love with what you would see as a physical partner, but in love with the brothers and the sisters, then the radiance comes even more alive. Even with one that you would see within the heart to be geographically removed, there is still the opening of the heart is there not?
- 1994-0909-153 Uh huh.
- 1994-0909-154 And you think of this one.
- 1994-0909-155 Oh yeah.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-156 **Indeed.** That is why the question is so often asked upon this plane of, "Do I have a soulmate? Where is my soulmate? Will I meet my soulmate? Will it be this lifetime?" This question has often been put to me and the answer is yes, you do have a soulmate. You will meet your soulmate. It will be this lifetime.
- 1994-0909-157 {Laughter and comments}
- 1994-0909-158 **Beloved one,** do you know who your soulmate is? It is your Self. See, the inner wisdom that comes forth. Your soulmate is your Self. Indeed, and you call this one forth. You may see it as a separate expression of the Heavenly Father upon this plane. You may see him as the most beautiful Greek god.
- 1994-0909-159 **Oh, no. {Laughter} Oh, God, I got that really clear.**
- 1994-0909-160 **Same old story again.**
- 1994-0909-161 **But yes,** you will meet your soulmate and you will behold your soulmate in everyone who stands in front of you. When you come unto the place of knowing who you are allow yourself to connect with the holy Child that you are, the wholeness, holiness yes, wholeness, yes, of who you are, you will behold the holiness of whoever stands in front of you and you will behold your soulmate.
- 1994-0909-162 **For as we spoke earlier,** there is no separation. The vibration that you are, the Light that you are, the hum that you are is All, is One. So that the one who comes and stands before you is your soulmate. If you will but receive them as such.
- 1994-0909-163 **It need not be as your Hollywood movies would depict.** You do not need to wait until the one comes riding in on the white horse.
- 1994-0909-164 **It would make it easier to recognize.**
- 1994-0909-165 {Laughter}
- 1994-0909-166 **You may have that if you so decree, indeed.**
- 1994-0909-167 **Wouldn't that be cool?**
- 1994-0909-168 **Riding down the streets of Auburn.**
- 1994-0909-169 **Indeed.** You might have to go out and clean up the street but...
- 1994-0909-170 {Laughter}
- 1994-0909-171 **After awhile.**
- 1994-0909-172 **Indeed,** but you may have that. It is whatever you decree. That feels good does it not?

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-173 **That's not totally true if there is another soul.**
- 1994-0909-174 But is there another soul as you would see to be separate from you?
- 1994-0909-175 **Well, not truly. However he is individualized right now. He's working on his own individual stuff.**
- 1994-0909-176 As your belief would be, yes. This one very much is you. This one very much is going through what you would see as the same challenges, the same growth, the same "lessons" - quote and unquote - that you are but where does that belief come from?
- 1994-0909-177 **Which?**
- 1994-0909-178 The belief that he is going through the same things that you are?
- 1994-0909-179 **Well from the information I have when I asked about it.**
- 1994-0909-180 And where does that come from, beloved one?
- 1994-0909-181 **Ah, from right in here. {Pointing inside.}**
- 1994-0909-182 Yes. Filtered through what would be your belief about this one and it is a truth. It is not the Truth - with a capital "T" - for the Truth is that he is one with you already.
- 1994-0909-183 **Right.**
- 1994-0909-184 He is your Self. But the truth, a truth with a small "t" is that this one is an individualized expression of the Heavenly Father who is going through his own growth, his own experiencing.
- 1994-0909-185 **And his own free will.**
- 1994-0909-186 And his own free will which is what you would see as being out-pictured in the process of time.
- 1994-0909-187 **Yeah.**
- 1994-0909-188 Yes, and so it will be done unto you as you believe.
- 1994-0909-189 **Well if that was true he'd be here now.**
- 1994-0909-190 But it depends, beloved one, on what your belief is as to process of time and as to what you can call forth and how unlimited you are.
- 1994-0909-191 **Uh huh.**
- 1994-0909-192 For I would say unto you that your beloved is no farther from you than right here. Right in front of you.
- 1994-0909-193 **I know.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-194 Indeed, you carry him always in your heart and in your mind and you speak unto this one and you know that there is no separation.
- 1994-0909-195 **I know.**
- 1994-0909-196 Indeed, and you will find in an instant that one will stand before you in the most surprising of times.
- 1994-0909-197 **So you've told me.**
- 1994-0909-198 When you are ready to accept it. When in your belief the time has been fulfilled and I will share with you, beloved one, that the time comes rapidly now for you are coming unto that place of saying, "I have held that at an arm's length, a distance, long enough now. I desire to have him right here in front of me. To put the physical arms around him."
- 1994-0909-199 **I've been saying that for quite awhile.**
- 1994-0909-200 Yes, but it is one thing to say and another thing to accept in the depth of your belief. But that comes quickly for you have gone through what you would call, the processing.
- 1994-0909-201 **Yes.**
- 1994-0909-202 Yes, very much and cleared out what you would see to be the impediments that would keep this one from coming to you. But if you will receive it, beloved on you would find within this room your beloved or when you walk tomorrow into what would be your shopping mall or on the weekday when you go to a business place there he will be. Most surprising.
- 1994-0909-203 **Uh huh.**
- 1994-0909-204 And what is more surprising even than that is the fact that you may find several of the beloveds. Most surprising, right? Yes, most confusing is it not? It is what you have called forth, yes, to know your unlimitedness as the expression that you are.
- 1994-0909-205 You have called these forth because you are, in your terms, you are ready for it. But the ego says, "Not I." But yet you would not have called these forth if you were not ready to entertain them.
- 1994-0909-206 **At that time.**
- 1994-0909-207 Yes. Yes, to entertain. It does not mean that you have to take it and take them all the way home with you but you entertain them.
- 1994-0909-208 {Laughter}
- 1994-0909-209 **I miss out on that move.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-210 You have taken some home with you as well.
- 1994-0909-211 **Sometimes.**
- 1994-0909-212 But it is because you have decreed and declared that you are ready to experience what that will bring for you. Not the confusion. Not the questions of the ego. Not the questions of the world. That is not what you are looking for, but you have called this all forth in order to know the one that you are and to see, as it would be, the facets of a diamond. To see your facets, all of the different aspects of the beautiful diamond, the beautiful Light that you are.
- 1994-0909-213 For each one that you behold is as an aspect of you and if you decree that that aspect that stands before you is your beloved, guess what? He is no longer geographically removed to the other side of the world from you. But that is okay, for you are a grand adventurer.
- 1994-0909-214 **Yes.**
- 1994-0909-215 And you are one who has scripted a grand story, a drama.
- 1994-0909-216 **Oh, oh. I thought I was done with that.**
- 1994-0909-217 Not in negativity, but in experience. For not all drama needs to be of suffering and heaviness. Drama can be light, lighthearted, yes, of the Light. That is what you are scripting for yourself now.
- 1994-0909-218 **This is drama?**
- 1994-0909-219 This is drama, indeed, experience. The experience of the holy Child who has said, "What can I create? What does it feel like? Where can I go? Who can I be?" And you have tried on all of the costumes. You have tried on all of the roles to see, "How does it feel to be the grand actress? How does it feel to be the gentle child? How does it feel to be," what you would see as, "a huge elephant?" Can you relate? What would that feel like to be the huge elephant?
- 1994-0909-220 **Cool**
- 1994-0909-221 Indeed. The power, the massiveness of what was known in what you would see as prehistoric times of the mammoth, yes. You have been. You the delicate flower that sits upon the chair in this evening, have been the mammoth because you desired to experience, "What would it feel like to be huge? To be powerful?" And you have also experienced, "What does it feel like to be the small bumblebee? The small Alpine flower that blooms only for a day or so?"

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-222 You have experienced all because you have said, "What would it feel like? What can I bring forth?" And you, beloved one, are now scripting a grand story that if you were one of your authoresses in this time, one perhaps known as Danielle Steele.
- 1994-0909-223 **Wow, major drama.**
- 1994-0909-224 You would write this story. This is what you are doing in this day and time. You are writing your own story.
- 1994-0909-225 **That's pretty nice.**
- 1994-0909-226 And you can script it anyway that you want to.
- 1994-0909-227 **She's got all of that passion. What else would it take?**
- 1994-0909-228 Passion. A passion for life, yes.
- 1994-0909-229 **That I have.**
- 1994-0909-230 Indeed, you do. A passion for flying as with the kites.
- 1994-0909-231 **Yes.**
- 1994-0909-232 A passion for the vibration as with the drum. A passion to be expressed with what would be seen as the mate, the soulmate. One who is also utilizing the design pattern of the body. What do you think the body is for? It is to be enjoyed. It is to be enjoyed on all levels. Not to use as a power over one, but to be enjoyed as the communion of the Oneness. That is what it is all about. To enjoy the fluidity of the muscles, how they carry you about. How you move even in what is known as the act of expressing love, the physical love.
- 1994-0909-233 The next time you are in that experience, pause....
- 1994-0909-234 {Loud laughter}
- 1994-0909-235 ...if you can and allow yourself to connect with the body. How it is moving. How it is expressing. Allow yourself to come totally alive with the whole expression of the body. Then you come into communion with the one who is with you as the one that you are. The body is to be enjoyed. Otherwise why bring it forth? Not for pain and suffering. You have tried that. Many many lifetimes you have tried that. You know that story well. It is now time for a new script.
- 1994-0909-236 **Hurrah for that.**
- 1994-0909-237 Hurrah for that. We will write a new gospel, a new script and we will put into it beauty and joy and excitement, yes. The excitement of discovering in

each moment, in each day, who you are. Other aspects of the unlimitedness of who you are. Discover what you can express. Discover what you can see in the one who stands before you.

- 1994-0909-238 Each one, each one of your brothers and sisters who comes up to you and stands right in front of you. Sometimes in the face, bringing a grand gift unto you. A gift of themselves. You will behold in that face what you believe about yourself and about what the world is for. And if you believe that the world is a place of turmoil and pain and suffering, you will see that in ones that come unto you. But you are coming unto a place now where you are seeing that there can be Love. There can be support. There can be family. There can be gentleness. There can be laughter. Grand spontaneous laughter.
- 1994-0909-239 You are scripting for yourselves a new drama. A new chapter. A new gospel and this gospel brings you Home. Brings you to the place where you awaken and you say, "I am my Father's Child. I am life expressing upon this plane. I am alive. I am totally alive."
- 1994-0909-240 In your morrow when you awaken tomorrow and you get out of your bed, whatever time it be, when you first get out of your bed raise your arms above your head to the ceiling, yes, the grand energy that you are and shout, well you may do it as a more silent shout of there are others about and you do not wish to bother them, but shout even silently to yourself, "I am alive. I am totally alive." Yes.
- 1994-0909-241 **Oh, yeah, you I....**
- 1994-0909-242 You may shout this to the one that you share.
- 1994-0909-243 **I will. He will probably really appreciate it, too.**
- 1994-0909-244 Indeed. It will be most interesting to see the re-actions.
- 1994-0909-245 **He will probably say, "It's about time."**
- 1994-0909-246 Ha, ha, beloved one, you are very much alive and well. There are times that you script for yourself the heaviness of the questions and you take upon yourself the script of the world. But there are also in the midst of those times, there is a still small voice that comes up and says, "Isn't there another script? What about...? Let's change scriptwriters. Let's write a new script?"
- 1994-0909-247 Indeed, and if you do not like the script that you are playing, there is no referee that says that you cannot change it. Throw it out and write what you want to write. There is no one, none of your brothers and sisters who

made the decision for you to come and express upon this plane. You made that choice, that decision yourself and you came as you would see, and you were born by your own decision.

- 1994-0909-248 And when it comes time to lay down the body and you choose to lay down the body it will be your choice. Not your brothers and sisters choice, but your choice and they will not do it for you. They cannot. You are free to change the script of your life in any moment and even if the brothers and sisters would speak unto you that you have gone totally around the bend, allow them their piece and keep your own peace. P E A C E, and just say, "I am choosing to write a new script and I don't know where it's going to take me but it's going to be fun and I choose joy and peace and happiness and I choose to share that with others if they want to, and if they don't then they may have their drama." And you will go enlightened.
- 1994-0909-249 You will feel much lighter about the shoulders, about the back, about everything for you will look upon everything and you will see new meaning in all that transpires. You will see a deeper meaning beyond just what is appearance. You will see what others are saying unto you from their heart. Not just the words of the mouth that they speak but what they are truly asking. They may be speaking to you words that you hear with the ears, the physical ears, but you will hear what they are truly saying in the heart and it will be as there is a double dialogue going on and you will know what they are feeling.
- 1994-0909-250 You will find yourself expanding in the comfort zone, the comfort boundaries until you know your unlimitedness, until you know the Love that you are. There will be a grand peace about you that will be contagious to the brothers and sisters. It will be as a healing balm upon this plane. For as you allow yourself to connect with the peace in the heart you uplift all of the brothers and sisters. There is no separation as the vibration that you are, as the hum that you are, it is all joined and you as you allow yourself to be lifted up, you uplift all of creation with you.
- 1994-0909-251 And now, beloved one, would you have a question or a sharing this evening?
- 1994-0909-252 **Why are you starting on this side? You are supposed to start on the other.**
- 1994-0909-253 Oh, there is a supposed to. For you see my script didn't tell me that and believed. What would you ask this evening, beloved one? It is not necessary that you ask anything but we are giving you the opportunity.
- 1994-0909-254 **I have nothing to ask.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-255 Indeed. You are a grand joy upon this plane. You are Love Itself. You are as a Light that is set upon a hill and many of your brothers and sisters watch you and look unto you for the Light that you are. You may not be aware that they are watching you but they do. Allow yourself to know the Light that you are and the joy. Allow yourself to laugh as you do from time to time now. Allow yourself to be the Child that has believed and believe in your Self. It is not by accident that you pick such a beautiful shirt to wear. It is who you are.
- 1994-0909-256 You are the Child of the Heavenly Father. The Light, the vibration always expressing and experienced as the expansion of Love. You are loved greatly beloved one. Remember that.
- 1994-0909-257 And you, beloved one, would you have a question or a sharing this evening?
- 1994-0909-258 **Nothing.**
- 1994-0909-259 It is not necessary. Again you are one that is radiant. More radiant than you know. When you look into your mirror in the morrow allow yourself to behold the Light that you are. Allow yourself to breathe in the golden white Light and take it deep within every cell of the body and just look at the radiance that is in the mirror. Do not focus upon what would be the body, although that is beautiful as well, but allow yourself to see the Light that you are and know that you are a grand example unto your brothers and sisters for you have the courage of the heart to try on new perceptions and new ways of looking at things. It takes a grand courage to do that and you are one who has said, "I will live in the heart. I will express the heart. I will express the courage," for that is where courage comes from, the heart. "And I will play with new ideas. I will see how they feel." You are an adventurer and you are loved.
- 1994-0909-260 You, beloved one, how are you this evening?
- 1994-0909-261 **Good.**
- 1994-0909-262 You are indeed, would you have a question?
- 1994-0909-263 **I do. I have great difficulty remembering that we are all one. You know I see the separateness very clearly. Do you have any suggestions for clarity with that?**
- 1994-0909-264 Indeed, beloved one. This whole evening has been about that.
- 1994-0909-265 **Yeah, I know, I came with that question because I was here Sunday.**
- 1994-0909-266 There are no accidents as you have seen. You have called forth this evening because you have had questions about it. Allow yourself when one stands

1994-09-09 Oakbridge University Channeled by Judith Coates

before you, to behold their Light as you did with this beloved one sitting next to you. Allow yourself even in a moment to close the eyes with that one and to behold their energy that you can feel heart to heart.

- 1994-0909-267 Know always that the vibration that you are, the hum that you are, it is a very true hum that is blended with everyone around you. Even if you cannot behold with the physical eyes yet, the Light of another one. Even if the bond from heart to heart alludes you from time to time, the hum that you are, the vibration that you are. You feel that vibration even in the hands.
- 1994-0909-268 Uh huh.
- 1994-0909-269 Yes, it is not separate. It intermingles with the hum of this one and that one and ones that you would see as being halfway around our Holy Mother, the Earth. There is no separation. When you allow yourself to abide in the heart, that place of stillness, and get in touch with the hum that you are and that the Holy Mother is and that the one who stands before you is. When you come unto the place of acknowledging who stands before you, you will know your oneness with that one. For that one is also searching to know their oneness with you.
- 1994-0909-270 For there physical eyes may speak of separation and see bodies and appearances and yet their heart is calling out to know the oneness as well. For as you have seen in this evening there are no accidents. You call forth exactly what you desire to experience and that one standing before you has called you forth in their experience in order to know their oneness with you. It is very much a dance in harmony, as you would see it and you will feel it in the days to come.
- 1994-0909-271 Allow the eyes to be closed from time to time. If they are a hindrance unto you and they speak of separateness, allow them to be closed and to feel the vibration of the Love energy that you are and that that other one is. Reach out often and take one's hand or hands if it be appropriate, if it will not be misunderstood and feel the vibration. For that will allow you to know that there is no separation.
- 1994-0909-272 Also in what they are expressing in the words, allow yourself to know in the heart what they are truly speaking. For how could you relate and understand what they are telling you if you were truly separate? You could not. That bespeaks your oneness as well. You are beautiful. Behold the beauty in everyone who stands in front of you and you will behold your own beauty.
- 1994-0909-273 And you, beloved one, angel upon this earth, how are you?

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-274 **Scared.**
- 1994-0909-275 Scared, oh my goodness, what would you be scared of?
- 1994-0909-276 **I don't know. I want to ask you something and I'm afraid. Afraid of the answer maybe.**
- 1994-0909-277 You may ask, beloved one.
- 1994-0909-278 **Okay. I'm currently working with school children as a counselor in a middle school and I see myself doing that for maybe another three to five years until I do with my own work and then after that I know that I want to do something else. I don't know what that is. I know I want to work with people.**
- 1994-0909-279 Yes.
- 1994-0909-280 **But I feel like I can't keep hearing their trauma year after year and all their continuing to attack me.**
- 1994-0909-281 Ah, beloved one, again it is as we have spoken unto this one, you call forth exactly what you desire to experience to see in what would be seemingly outside of you what you are going through. What you have already released, what you can relate to in the ones who are speaking unto you.
- 1994-0909-282 It is not by accident that you are working with what you have termed the children for you are coming to a place knowing your own Child, the Child that you are. That is why you find yourself working with the children as opposed to working with the mechanical machines or whatever.
- 1994-0909-283 You are coming very rapidly unto a place of acknowledging and knowing the Child that you are. You are understanding and relating to what they speak unto you. You can say unto them, "I know what you are saying. You are not speaking a foreign language to me. I know what you are saying."
- 1994-0909-284 **True.**
- 1994-0909-285 "I have been there," and it is again for the same purpose as we spoke unto this beloved one. It is to know your oneness with them for how could you understand and relate to them if you were not already them? You are, as you have already said, you will be doing this for a period of time until you know that you have come through all of that. You have experienced all of those aspects of the Child that you are.
- 1994-0909-286 Then you will go on to relatedness of the whole that you are in other aspects as you will see it and you will know what that is because it will unfold for you as the petals of the rose unfold in their own time. It is not that you look upon the tight bud and you say unto that one, "Okay,

immediately I want you to open and be there in front of me," but you allow the rose its process of unfoldment. It is very much the same for you. When there will be the change you will know it ahead of time. You will very much feel it in the heart what you desire to experience and to share with others.

- 1994-0909-287 **It will be clear.**
- 1994-0909-288 It will be very clear when the time is, yes, and even before the time that you make that change. You will know. It is not something that you need know now. You already have your hands full.
- 1994-0909-289 **Ha, that's the truth.**
- 1994-0909-290 With what you are doing.
- 1994-0909-291 **That's true.**
- 1994-0909-292 And that is where your focus in now and it is as it need be, as it should be, as you call it forth. That is fine. But when it is time for a change your heart will speak to you very clearly. There will be a desire of the heart and there will be one who will come and they will speak a word, a sentence, an idea unto you and they will think nothing of it, but it will be as a neon light to you. You will hear it and you will know that that is where you are to go and what you are to do next. It will be as you would see, the marquee upon the theater. It will be lighted and you will know but you need not know that now for the focus is very much where you desire it to be.
- 1994-0909-293 You are all of you, your parts as you would see them, you are all very much in order. Everything that you are experiencing is unfolding just as it should.
- 1994-0909-294 **In time.**
- 1994-0909-295 Indeed. Upon this plane it takes time.
- 1994-0909-296 Beloved brother, again such a joy to be with you in this way. What would you ask this evening? It is not necessary any longer is it? There is a communion of heart to heart, the sharing of the Love. For you know that always whenever you call upon me I am with you instantly.
- 1994-0909-297 **Yes, and you have a heck of a sense of humor.**
- 1994-0909-298 Indeed. I enjoy a good joke.
- 1994-0909-299 **Can I have a hug?**
- 1994-0909-300 Indeed.
- 1994-0909-301 {Hugging}
- 1994-0909-302 Thank you, beloved one.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-303 And you, delightful angel, how are you?
- 1994-0909-304 **Fine.**
- 1994-0909-305 You are indeed, fine. All of your family members take such a delight in your drama.
- 1994-0909-306 **Ha, well there are so many of them.**
- 1994-0909-307 What would you ask this evening?
- 1994-0909-308 **I have three things I want to find out about.**
- 1994-0909-309 We will entertain them. What would the first be?
- 1994-0909-310 **The first is I'd like to know how my cousin is doing. Is he out of the hospital or going to school?**
- 1994-0909-311 Ah, beloved one, what is your knowingness of this?
- 1994-0909-312 **I know that he was in the hospital. Is he still there?**
- 1994-0909-313 Yes.
- 1994-0909-314 **Okay. Will you send him a message for me?**
- 1994-0909-315 Indeed.
- 1994-0909-316 **Tell him I love him and get well.**
- 1994-0909-317 Yes, indeed.
- 1994-0909-318 **Will you deliver it to him personally?**
- 1994-0909-319 Of course. There is no separation. How did you know? This one is a quick study. Yes, indeed. I would explain unto you why I have asked your knowingness. It is because when we spoke unto this one of the difference between Truth with a capital "T" which is your Reality. The Reality of who you are as the Light, the Child of our Heavenly Father, but there are many truths with a small "t" that are the experience of the Child as he or she sees himself/herself to be in the drama of the life adventure.
- 1994-0909-320 So there is a truth about what is transpiring. You hold a certain truth within this drama of what is happening. This one known as your cousin is also experiencing his truth with a small "t". You can tap into what he is experiencing as his truth.
- 1994-0909-321 **I can?**
- 1994-0909-322 Yes, you can.
- 1994-0909-323 **Wouldn't that be invading?**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-324 No, it is not invading in that there is no....
- 1994-0909-325 **Separation.**
- 1994-0909-326 Right. There is nothing hidden from the holy Child.
- 1994-0909-327 **Okay. All right.**
- 1994-0909-328 So that you may ask of this one known as the cousin, "How are you? Where are you?" and you will get a feeling, a knowingness because....
- 1994-0909-329 **There is no separation.**
- 1994-0909-330 Very good.
- 1994-0909-331 **Okay, second question: Gosh that means going through all this separation stuff again. Okay.**
- 1994-0909-332 Do you see what a grand teacher this one is?
- 1994-0909-333 **I'm not ready for the Greek adonis yet.**
- 1994-0909-334 We thought, beloved one, we will plant a seed.
- 1994-0909-335 **Ah, it's been planted there before. I know it's there.**
- 1994-0909-336 You will come unto a place where the appearance will not matter. Where the Greek adonis may stand in front of you and you will not even behold the body for you will look beyond that to the Light that this one is and to the purity of heart that this one is. And it will not matter whether he stands before you as the great Greek god or whether he stands before you as the one who is lame of body. For you will look and you will behold the heart that he is.
- 1994-0909-337 **Hm. Okay. Still not ready for it though.**
- 1994-0909-338 That is as you decree, yes. No problem.
- 1994-0909-339 **Right. I'm done with questions now.**
- 1994-0909-340 Ha, but beloved one you had what was known as three. What were known as three.
- 1994-0909-341 **Okay, well we are on a roll. Third: I have an idea for a job to be self-employed like my own company and stuff, working with kids and so I was just wondering if that was like the right way to go?**
- 1994-0909-342 Never mind.
- 1994-0909-343 Indeed, beloved one.
- 1994-0909-344 **Oh, God, I'm nailed.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-345 No, you are not being crucified. It is indeed the right way to go for it is the desire of your heart.
- 1994-0909-346 **It is.**
- 1994-0909-347 And it will manifest.
- 1994-0909-348 **Okay.**
- 1994-0909-349 What you will be seeing upon your plane in the days to come is what is already in process. Very much of ones being in service unto the brothers and sisters in their own way in what would be seen as small individual businesses where you offer unto the brothers and sisters what you have within the heart to share with them. What you feel your expertise to be.
- 1994-0909-350 What is coming upon this plane is no longer the large companies who will be as the parents unto the children and who provide everything for the ones who are employed and ask everything of the ones who are employed. But you will find much more of the entrepreneur, much more of the small business partnerships either the individual proprietorship, individual service and your creativity will come forth with this.
- 1994-0909-351 **Oh good.**
- 1994-0909-352 That is why you have had this idea knocking upon the door of your heart. It is to share with your brothers and sisters, the children, the Love that you are and to show them the Love that they are and in that through that avenue as you would see, you will come to the place of knowing the extension of Love that you are. You will experience it. It will be very much alive and well and very much shared.
- 1994-0909-353 As it is a desire of your heart and it is a true one, it will manifest.
- 1994-0909-354 **Right.**
- 1994-0909-355 Beloved cool one, how are you?
- 1994-0909-356 **Getting better everyday.**
- 1994-0909-357 You are indeed.
- 1994-0909-358 **I have a question. I'm having a lot of older people coming into my life now that are getting ready to lay down their bodies and is there anyway I can help them or...?**
- 1994-0909-359 Yes, indeed.
- 1994-0909-360 **I feel so sad that they are struggling.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-361 They are coming because you have much to share with them. You have the vision of knowing that life is much more than what is just expressed with the molecules of physicality. That this is but a twinkling of an eye, this expression and that if it is so desired a new body will be raised up again in what they would see as another incarnation. It is not necessary but if they so desire they will do that and they will find that it happens very quickly for the dimension, as you would call it, where they go even though they do not go anywhere. It is not apart from you. Is not one that has time so it can be accomplished in what would be seen as an instant again.
- 1994-0909-362 Although there will be much that will be experienced in that instant. Much that they will see passing in front of them and much that they will feel to be shared in another dimension.
- 1994-0909-363 Ask of my beloved teacher later, to give you a book that talks about the laying down of the body and what is experienced when that is done. Share with these who are ready to make the transition of laying down the body. Share with them that it is a grand adventure as well and that it is a place that they go unto that is themselves, their own Light that they go to, their own Love and it not seen through the filtering of material matter, of physicality. It is not seen through the process of the slowing down of vibration. It is very much again, the communion of the oneness of Love.
- 1994-0909-364 So it is not something to be feared. It is something to be celebrated.
- 1994-0909-365 **And I do know that. I have one lady who is very dear and she is what we call senile. So I do speak to her the way I would speak to anyone else. Is she getting it?**
- 1994-0909-366 Indeed she is, beloved one. This one has already made her transition. It is just the body that lingers. This one is already in what you would see as another realm very much enjoying her new freedom. So what you see upon this plane are the remnants that do not always fit together. The remnants of the personality.
- 1994-0909-367 **Okay.**
- 1994-0909-368 But speak unto this one, yes the words that you would use from the mouth but also the words from the heart for this one very much communicates heart to heart.
- 1994-0909-369 **Okay.**
- 1994-0909-370 This one is a grand delight.
- 1994-0909-371 **Is that true of all senility?**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-372 Yes. Yes. It is the way of making the transition in what you would see as a process, a gradual process, yes.
- 1994-0909-373 **Alzheimer's too?**
- 1994-0909-374 Indeed, it is very much. It is also upon many levels as a service unto the brothers and sisters as well to present an appearance to the brothers and sisters who then have the opportunity to look past the appearance to the Light that this one is.
- 1994-0909-375 Strange how that happens, beloved one, I was just going to say that he says. Yes.
- 1994-0909-376 they chose to do that for our sake...?
- 1994-0909-377 Yes, it is on many levels. It serves many opportunities, yes. But it is also a way that ones choose to do it in order to perhaps put the toe in the water, as it would be.
- 1994-0909-378 **Check it out.**
- 1994-0909-379 Yes, check it out and they will be in what you would see as another dimension, another realm for some of the time and back and forth until they feel comfortable with making the transition.
- 1994-0909-380 Beloved angel, what would you ask this evening?
- 1994-0909-381 **Many.**
- 1994-0909-382 Many?
- 1994-0909-383 **First of all, I would like to talk with you sometime this way about our personal relationship. Not right now.**
- 1994-0909-384 Indeed, this can be arranged.
- 1994-0909-385 **And I'm going on the river. My grand adventure.**
- 1994-0909-386 Indeed you are.
- 1994-0909-387 **And I'm looking forward to it and hopefully I'll have time tomorrow to get ready.**
- 1994-0909-388 You will indeed. You will make the time. You will expand the time, yes.
- 1994-0909-389 **So what will you share with me about the river trip? It's a grand adventure with other women healers and lots of different things that will I know will occur. What will you share with me about it?**
- 1994-0909-390 Indeed, it is as you have discerned, it will be a journey of healing, of wholing, of experiencing more of the unlimited Self that you are. For you

will find yourself challenged in what you would see as the limitation of who you think you are. You will find the comfort zone being expanded a bit, side to side. You will also experience the unlimited energy that you are as you find yourself to be one with the river.

- 1994-0909-391 This is why you have chosen at this time to experience the river, the flowing energy. For that is who you are. You are the flowing energy as well and you will very much experience yourself as the river. It will not be seen to be separate from you. There will be instants, times as you would call them, where that will fade and as it is with the drumming you will know yourself to be one with that one flowing energy.
- 1994-0909-392 It is also for the purpose as you would see, of connecting with other ones who have much to share with you. Not because they are masters with great treasures to share but because there is an equality. There have been areas that have been honed, focused upon, developed you will call that will be shared one with another. But you will be seeing throughout all of this, there will be the beholding the one Child for you will behold the Child in each one for each one comes with her own trepidation of various challenges and yet each one comes because she is ready to experience whatever fear she brings to that and it will be released.
- 1994-0909-393 But there will be times of support that you will give unto others and that they will give unto you. Times of nurturing, times of healing, times of laughter and times of tears. Tears as those fears are released and one comes through the veil that has seemingly separated you from your unlimitedness. It will be a grand journey.
- 1994-0909-394 **I know. And is part of this to connect with the Anasazi time?**
- 1994-0909-395 Indeed.
- 1994-0909-396 **Okay. Anything that you will share with me about Merrisa?**
- 1994-0909-397 Indeed, beloved one. Allow yourself to abide with the feeling of that name. It is a name that you have chosen for yourself in many lifetimes because of the vibration of that name. Because it expressed the vibration that you wished to call forth in that lifetime. It is a very soothing vibration. Very soft vibration and yet a vibration that has grand strength in it.
- 1994-0909-398 Abide with it and you will see visions. It is not by accident that this name has come unto you at this time.
- 1994-0909-399 **I'm sure. Okay, so the other ones are if you will talk about the year 2000 and the difference in the incoming souls and the year 2012 and what's going to be happening and also - there's a lot of these, I told**

you a lot - and what happening with the whole health care industry really and mental health being a part of that, the part that I'm most connected to and what's happening there in terms of control, in terms of what's underneath that. And like what the future is bringing in terms of you know the historical time when the females were healers and replaced, killed off and replaced by the males. Right now it seems that that's somewhat manifesting again and that there are many nurses losing their jobs being replaced by males with very limited training.

1994-0909-400 Yes.

1994-0909-401 So if you would speak about that and that there is a connection I think between what's happening and the future with women healers surviving this time. Not going under, so to speak, but surviving some and the fact that I'm on this journey with women healers.

1994-0909-402 Yes, very much to come unto your place of knowing your wholeness for you and for the women healers as you have termed them. What you are seeing with the male healers coming to the forefront because it is very necessary for them to experience their wholeness, their balance with this. For as you have discerned, beloved one, you have expressed with the design pattern of the male body in many times as these who are now expressing with the male body have been with the female body many times.

1994-0909-403 But they desire to know their balance, their wholeness with all of this and it is not that the female nurses are being displaced. The female nurses as you have called them are giving way to the brothers who need to experience their wholeness. It is not seen perhaps in conscious awareness that this is what they are doing but there is an intuitive knowing, a knowing at a deeper level that this must all come about to a balance in order for the one holy Child to come Home. For none of the seemingly separate individual expressions will come Home as the One until the whole is recognized as the whole.

1994-0909-404 So at a very deep level the ones who are expressing as the female nurses, the female healers are knowing that it is necessary for the brothers to experience their side of healing, to know their wholeness.

1994-0909-405 All of these questions you have just ask all relate to the whole. The new souls as you have called them that are coming in, this is very much in process and has been for what you would see as the last thirty years of your timing. The new ones that are coming in are much more in remembrance of the Light that they are, of the wholeness, the joy, the spontaneity, the healing. There will be many of these and are already many

of these called unto the healing professions to help the brothers and sisters know their own wholeness.

- 1994-0909-406 This is sweeping as a wave across the face of our Holy Mother, the Earth. There is much more interest and awareness of what is known as mental health and also the healing of the body. There is not a day that goes by that you will not find it written about in what you see as our newspaper of the day or upon your square box. It is very much in the consciousness and the awareness of mankind/womankind at this time. And it is all for the purpose of the one holy Child knowing his/her oneness.
- 1994-0909-407 So that what you will see upon this plane at the time that you have called 2012 will be a wholeness upon this plane. That is why I say that it approaches rapidly now. Not because I and other masters have decreed that it is time for it to be, but because you as the master you are and others of your brothers and sisters are calling it forth and calling it forth with grand acceleration.
- 1994-0909-408 Sometimes as you would see in much of the polarity of suffering, of chaos, of confusion, of violence, yes, because there are the brothers and sisters who have decreed that, "I need to be hit over the head with a cosmic two by four before I will stop, before I will pause."
- 1994-0909-409 This is what they have decreed that it takes before they will know that it is "real". For others of you, you listen unto the whispers of the heart. You hear the still small voice and you do not require the cosmic two by four to hit you on the head with a grand calamity or with the trauma.
- 1994-0909-410 **Because I already went through that one.**
- 1994-0909-411 Indeed, and you remember. As we have spoken earlier in this evening the remembering. Of putting all of the seemingly separate parts together as the whole and you bring all of those parts into conscious awareness.
- 1994-0909-412 **Yes, and I get that it is all moving in that direction but there are parts of it like that are happening right now like the nurses enmass losing their jobs and these MA's taking over and with what's happening with the mental health care and managed care and....**
- 1994-0909-413 It is very much in a process of upheaval.
- 1994-0909-414 **Right.**
- 1994-0909-415 And what you are seeing upon the surface with it is much of the upheaval, the chaos that is happening, the appearance is very chaotic and there is

much, as you would see, a grand volcano going off. It is because it needs to be shaken up. It does not need to go along in the same pattern does it?

- 1994-0909-416 **Right.**
- 1994-0909-417 There needs to be a shift in perception and sometimes what brings this about is a shifting.
- 1994-0909-418 **A big shakeup.**
- 1994-0909-419 A big shakeup, exactly. It is because it does not have to be, but it is because the brothers and sisters have decreed that it will take a shakeup.
- 1994-0909-420 The ones of your sisters who are finding themselves out of the expected employment are very much being freed up to be creative.
- 1994-0909-421 **Right, to look for something different.**
- 1994-0909-422 Yes, and it is not something that they feel they have consciously chosen, but they have chosen. They have chosen because they are now in their terms, ready to experience something different. Something where the organization was not going to dictate how it should be and it will very much call forth their creativity, their own wholeness and they are desiring to know their own wholeness through this creativity that it will necessitate. It is why they do it.
- 1994-0909-423 It is why you have found yourself doing a path that has been sort of as going through the jungle, going through on your own. Making your own path so that others can follow and many of your sisters also find themselves now in a place where they are going to be clearing a path. An unknown uncharted path, seemingly, although they do know at a very deep level within them. Seemingly clearing a path where others will follow.
- 1994-0909-424 It is a grand time of challenge as it is seen upon the world with the appearance, but it is also a grand time of freedom and creativity coming forth. It is an opportunity.
- 1994-0909-425 **Is it true that there are a lot of souls wanting to be here who aren't completely prepared and ready to be here and that that's a large part of why there is so much chaos and so much destruction, violence?**
- 1994-0909-426 There are many of the brothers and sisters who are experiencing what you would see as a finishing up of experiencing and some of this comes through what you would see as violence in order to offer them an opportunity even in an instant, for opportunity always is experienced in an instant. The opportunity of seeing past what they thought was transpiring.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-427 For even in a moment of grand violence there can be the shift in perception that happens. A miracle as you would call it that happens instantly and they come Home. They touch that place of Home.
- 1994-0909-428 So there are many who are experiencing even in what you would call a short time interval, a short lifetime, they are finishing up, cleaning up, clearing up what you would call experiences that they desire to know, to experience, and to give unto themselves the opportunity of healing, of wholeness.
- 1994-0909-429 Never thing that what transpires is just for what it seems to be upon the surface. It is always offering opportunity to come Home. Even in what you would see as the most horrendous act of one brother to another, one sister to another. There is always opportunity for the one to behold it with new eyes and to see the Light of that other one and to know the Light that they are and to say, "This is all a grand drama. Welcome Home, brother, sister," and that happens. That is not recorded in your newspapers and it is not recorded upon your TV, your square box, but it happens and it happens more often than you think.
- 1994-0909-430 Even if that one in the next instant lays down the body it has been a Homecoming.
- 1994-0909-431 **Thank you.**
- 1994-0909-432 Thank you, beloved one.
- 1994-0909-433 **Is that soul that has been waiting to come through still hanging around?**
- 1994-0909-434 Yes.
- 1994-0909-435 And you, beloved brother, how are you this evening?
- 1994-0909-436 **I'm fine.**
- 1994-0909-437 You are indeed. What would you ask this evening? What would you share?
- 1994-0909-438 **It sure touches me to what my brother be at peace with you.**
- 1994-0909-439 Yes, and to share the Love from heart to heart, yes.
- 1994-0909-440 **A long time coming Home.**
- 1994-0909-441 Seems to be.
- 1994-0909-442 **Sometimes.**
- 1994-0909-443 And yet it is but a twinkling of an eye, just like that and it happens. For what is time beloved brother? Upon this plane it is seen as a process. It can be seen to be a very long time especially when you are waiting for something. Other times when you are much in joy, the time just flies by and

you have heard that said, you have experienced that. Time goes fast when you are having fun, right?

- 1994-0909-444 **Uh huh.**
- 1994-0909-445 Time is very much what you make it. So if it seems to be a long time in coming Home that is one perception and yet, when you find yourself at Home there is no place else.
- 1994-0909-446 **I'm there sometime.**
- 1994-0909-447 I know.
- 1994-0909-448 **Lots more.**
- 1994-0909-449 Lots more and it is a joy.
- 1994-0909-450 **That is a blink of an eye.**
- 1994-0909-451 Indeed, there you go. Abide in the heart often, beloved one. Allow yourself to see the Light of others even the ones who might be up in the face, into their sorrow, their story. Who want to share it. Listen to them and see their Light.
- 1994-0909-452 **I can.**
- 1994-0909-453 I know you can, you have done that.
- 1994-0909-454 **Even lately.**
- 1994-0909-455 Even lately.
- 1994-0909-456 **I have a question of course. When didn't I have lots of questions?**
- 1994-0909-457 Indeed, you have always had questions and you have even once in a while had the answers.
- 1994-0909-458 **Yeah, I have some of those too. I just ask them to get validated.**
- 1994-0909-459 Indeed, we know this.
- 1994-0909-460 **Even way back then.**
- 1994-0909-461 What would you ask, yes, even?
- 1994-0909-462 **So a few weeks ago I meditate on abundance, go to work the next day and don't have a job. And so I go and I talk to my guide, you know, John.**
- 1994-0909-463 Indeed.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-464 **So Joan and I talk to my guides, I talk to them in that way anyway and they say, "Oh, you are just right around the corner. You are right there and we changed the script."**
- 1994-0909-465 **Yes.**
- 1994-0909-466 **That's nice and asked the N E E D word, I want, I want my wants.**
- 1994-0909-467 **Right for you do not need anything. You are the holy Child that is always expressing.**
- 1994-0909-468 **That's always happening....**
- 1994-0909-469 **But you do have some wants, yes.**
- 1994-0909-470 **I have some wants and I know I haven't put up the shingle yet.**
- 1994-0909-471 **It is an option.**
- 1994-0909-472 **It is an option, so I get down to my last few coins whatever they are and now I have another job but it is nothing like I was envisioning. I mean I never envisioned myself as a salesperson going from business to business by foot or in the box as you call it, in my car talking to people to buy pictures. That baffles me.**
- 1994-0909-473 **Ah, beloved one. It is not so much that you are experiencing being the salesperson or that you are trying to sell the pictures. It is the avenue that you have made for yourself to meet your brothers and sisters. To have a reason to see them and to interact with them to behold the Light that they are and to be there as the servant unto them if they need to see a smiling face. If they need to behold something else in this world besides all of the activities of the workplace.**
- 1994-0909-474 **What you are taking unto them are not the tangible objects of the pictures, that matters not. That is just the worldly appearance and an excuse, reason. What you are taking unto them is the love of your heart and the radiance of the Light that you are.**
- 1994-0909-475 **You will come into a room and you will change that room by the Light that you are and there will be some who will not have the courage to speak unto you then perhaps, but if you have with you what is known as the small shingle, known as a business card, that says, I am available to help with healing, with wholing. However you want to word this, there may be some who will be interested in calling you at a later time and meeting in order to share their heart with you.**
- 1994-0909-476 **So you see, there is much more happening here than what is just seen with the pictures and the salesman. You are not selling anything you are offering**

the Light that you are. So make up for yourself even if it would be just on the small cards, handwritten, make up your little shingle which you can give out to ones. For you will know. There will be a connection that will be made and they will know that there is a door that is open unto them where they thought perhaps there was not a door. They thought nobody cared. Put that upon your card as well, that you care. Something to that effect so that they will know that they are welcome to come and talk heart to heart.

- 1994-0909-477 **So I can listen.**
- 1994-0909-478 So you can listen, yes. You are doing very well, beloved brother.
- 1994-0909-479 **Another question.**
- 1994-0909-480 Another, very good. An abundance here this evening, yes. What would you ask?
- 1994-0909-481 **Well you've known that I've always sort of had this thing with swords and past lives and in this life.**
- 1994-0909-482 Oh, indeed.
- 1994-0909-483 **I've flung them around a few times and Surfew this quarter decides that we learn a weapon. Guess what the weapon is?**
- 1994-0909-484 Do I get three choices?
- 1994-0909-485 **One. You only get one.**
- 1994-0909-486 It must be a sword.
- 1994-0909-487 **It must be the sword.**
- 1994-0909-488 Infinite wisdom.
- 1994-0909-489 **I even talked to you about this the other night.**
- 1994-0909-490 I know.
- 1994-0909-491 **Yeah, and so this sword is form. Part of what I learn with the sword is form, movement but I'm still afraid to pick it up. Mentally yet, I still haven't had to physically pick it up but I still fear it some.**
- 1994-0909-492 Yes. And...?
- 1994-0909-493 **I wonder why I still fear that sword?**
- 1994-0909-494 It is for you to tell me.
- 1994-0909-495 **Well, I beheaded a few.**
- 1994-0909-496 Indeed, you did.

- 1994-0909-497 **I don't want to do that no more.**
- 1994-0909-498 **And you won't.**
- 1994-0909-499 **It's about movement isn't it?**
- 1994-0909-500 **Yes.**
- 1994-0909-501 **You said it in here, atonement. They are connected here for me?**
- 1994-0909-502 **Indeed, very much so and coming Home to that place of that at-one-ment, yes.**
- 1994-0909-503 **Yes, as you have discerned, beloved brother, there have been many times that you have wielded the sword. The large ones and the small ones known as daggers. You have wielded them as an extension of the power that you thought yourself to be and you are power but not the power that would be the sword. And you asked of others to lay down the body. It was not that you took it from them because you cannot, but you ask of them to lay down the body and because you were so persuasive as the salesperson they laid down the body and you in some lifetimes felt nothing. You felt the power. It felt good. Other lifetimes you felt a still small voice within you that said, "But, there is more than this. There is more than the body. There is more than the appearance."**
- 1994-0909-504 **And you even "proved" to yourself that even though you would take the opportunity to ask that one to lay down the body and they would lay down the body. That what they stood for and the ideas that they stood for were most contagious and others picked up these ideas and went on with them and the asking of one to lay down the body or even several to lay down the body - for you have been a great swordsman - did not kill the ideas and so you said to yourself, "There must be more. I'm not seeing the whole picture," which is true. Now you wish to see the whole picture.**
- 1994-0909-505 **Do not fear the sword, beloved one. It is an extension of you, of your energy and of your consciousness. You are the one that is calling forth that sword. Allow yourself to be one with that sword. When you pick it up breathe into it who you are. Remember to breathe, physically breathe when you pick up the sword for the first time. Yes, just as you have done and allow yourself to know that it is an extension of your consciousness. It is not separate from you. It is not separate....**
- 1994-0909-506 **I got it.**
- 1994-0909-507 **...it is an extension. It is an extension of you. It would not be there without your consciousness and allow yourself to know that you need not fear it. In**

this lifetime you will play with it and you will know that you are bringing it forth in order to know your oneness with it.

- 1994-0909-508 Your oneness with everything that is in front of you. Your oneness even as the extension of the hand for what can you do with the hand, beloved one? You can do most with the hand you can do. A lot with the hand and you can bless with the hand. It is the same with the sword.
- 1994-0909-509 Why do you see in your history as it would be, the knighting they would call, with the sword like on the shoulders? Again it is the extension of the Light of that one through what you would see as the sword honoring the Light that that one is. Use the sword to honor each one and especially yourself. See it as an extension of yourself.
- 1994-0909-510 Know you one of your recent, it is called, movie that has been with the something to do with stars.
- 1994-0909-511 **Star Wars.**
- 1994-0909-512 Indeed, and the Light swords. That is exactly what you are doing. As you pick up that sword transform it, you will transform it. You will transform it. You will see it. It will transform before your very eyes into the Light sword. The Light saber. No different. Use it for honoring, indeed, and you will find a wholeness about yourself that you have not connected with yet.
- 1994-0909-513 **Not very far away.**
- 1994-0909-514 You are not very far away. It is a minor point, as you would see it, and yet it is a piece of the jig saw puzzle that if you did not put it in place it would be missing. It is beautiful.
- 1994-0909-515 **As you would say, "So be it."**
- 1994-0909-516 So be it. I would say that.
- 1994-0909-517 **Will you give me a hug?**
- 1994-0909-518 Indeed. Always my pleasure. {Hugging} Would that I had my body of other times, yes. But this one will do.
- 1994-0909-519 Beloved brother, how are you?
- 1994-0909-520 **Pretty good.**
- 1994-0909-521 You are indeed. What would you ask?
- 1994-0909-522 **Well, first I'd like to say that it's, words are hard to find here but it's a great pleasure to meet you and talk with you in this way.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-523 **Indeed, in this fashion. I commend your courage for answering my invitation this evening to come and it has been fun has it not?**
- 1994-0909-524 **Uh huh.**
- 1994-0909-525 **Indeed. What would you ask?**
- 1994-0909-526 **Okay, tonight I took a walk during the break. I went outside and I was skipping around and singing and having a good time and I saw in the clouds an image of a face. A human face and I took it to be Father Scott. It was very beautiful. A nice gift.**
- 1994-0909-527 **Indeed.**
- 1994-0909-528 **And as I was walking back to the building it felt so good. I felt very strong as if I were my higher Self.**
- 1994-0909-529 **Yes, indeed. You are allowing yourself to connect with what you would call your higher Self.**
- 1994-0909-530 **I find it hard to be my higher Self and I wish to be more often and I ask you could you advise me in ways to practice or to help me?**
- 1994-0909-531 **Yes, just as this evening has been to practice seeing the Light of the one who stands in front of you and to see your own Light through that and to know that there is no separation. That is your higher Self, the Truth of your being, the Love that you are and the Light that you are. And in the days to come you will find yourself connecting with that more and more until you will abide in that place all of the time. You will go with such a freedom for you will see beauty in everything such as you did this evening and you will behold the beauty in another one and you will behold the beauty of yourself. Yes, so be it.**
- 1994-0909-532 **It is not that I gift this unto you as a magician would gift unto you, but it is because it is the desire of your heart to know who you are and you will and it comes rapidly now.**
- 1994-0909-533 **Thank you.**
- 1994-0909-534 **Thank you.**
- 1994-0909-535 **Beloved Sprite, who enjoys life. How are you this evening?**
- 1994-0909-536 **Oh, I'm nervous.**
- 1994-0909-537 **Indeed, there is a grand energy about you. What would you ask?**
- 1994-0909-538 **Well he asked the same question I was going to ask and....**
- 1994-0909-539 **Interesting how that happens.**

- 1994-0909-540 **Yes.**
- 1994-0909-541 There is no separation.
- 1994-0909-542 **Well right now I feel a lot of disconnection with things and I know that things will be presented to me later on when I can open myself and expand more, but I have been having these things where I can't explain where I will be half asleep and half awake and I can't move and I'm paralyzed and I have this energy like something is trying to take me away. But I restrict it from happening and I want to know more about that. That is for me if it is like being scared to be experiencing things.**
- 1994-0909-543 It is as you have discerned, there is a desire of your heart to know the unlimitedness that you are, the freedom that you are and yet, there is a hesitation to know that. This is okay. You are very much in process of unfolding as the flower unfolds petal by petal and it is not something that you need force for there is no one who says there is a time table for this and that you must do it according to other people's time tables. Allow yourself to be gentle with yourself and to do what feels true to your heart.
- 1994-0909-544 **I've been working a lot with that. Which feels true to me in my intuition in this whole year.**
- 1994-0909-545 Indeed. Allow yourself always when you feel scattered, when you feel things pulling at you allow yourself to breathe and to come to the place of the heart. Then you will see what your options and choices are. You will see the step that is before you. You will know where to go, what to do.
- 1994-0909-546 Do not race about in hurry for you do not have to, but allow yourself to abide with the peace that you are and allow the inner wisdom to come forth. With that will come a trust that you will know that you can express who you are. There will not be the tugging of other ones or even other parts of yourself as you might feel it. But you will feel yourself and know yourself to be whole. But allow yourself first to breathe and to come unto a place of peace. Then you will know your wholeness and you will know where to go and what to do and it unfolds.
- 1994-0909-547 **Yeah. Can I have a hug?**
- 1994-0909-548 Indeed. {Hugging}
- 1994-0909-549 It is my joy to come this way and to be able to hug, to touch. That is why I take the hands as I go around, to feel the vibration, to know we are one, to exchange Love, yes. To be very much in touch.
- 1994-0909-550 Beloved one, how are you this evening? What would you ask?

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-551 **At this point in time I'm feeling like I'm at a low in this lifetime because being in high school is kind of hard to further my spirituality when being pushed back into the everyday process of life. I guess, the physical life and I'm feeling at a slight loss because the majority of the people I know have something to connect with and to believe in as music or art.**
- 1994-0909-552 **Yes.**
- 1994-0909-553 **And I don't feel like I have a real strong connection with any. There are some things I'm interested in. I like, but there's nothing I can really hold on to, I really believe in. I'd like to know if there is anything coming in the future or soon....**
- 1994-0909-554 **Very much, yes. You, beloved one, believe in a beautiful vision. You believe in the wholeness of who you are and you are bringing that forth upon this plane. You are expressing that. Many times you have helped others. Many times you have reached out to them and you will do so in the days to come.**
- 1994-0909-555 **What you are asking for is not so much as a tangible thing that you would see to have interest in. It is the heart that you are. It is the service that you are already and will be more and more in the days to come. It is not tangible. It is more intangible, but it is very important. The work that you will be doing will be far reaching for you will touch many who will then go out and touch others because of what you have shared with them and this has already started. It is not something that you will see happening after a certain certificate or degree or whatever is granted unto you. It is already happening. It happens every day and what you are doing as you touch others and you allow them to know that they are worth something that they have value, that you value them. This spreads as the ripples upon a pond and it goes out farther than you can imagine. What you do is most important.**
- 1994-0909-556 **You will find a desire of your heart that will find you in what you call a profession, a career, whatever you will call it, an avenue of expression that the world will recognize. But you will be continuing to do what you are already doing but even more so.**
- 1994-0909-557 **There will be training that you will take for it because the world will ask of you some pieces of paper and that is okay. It speaks a language and it opens the doors as the world would ask. But you are already fulfilling a grand purpose. Your purpose, beloved one, is to come Home again. To awaken in a moment and to know that you are the Child of the Heavenly Father. You are His only Child as the Light and the Love that you are expressing**

1994-09-09 Oakbridge University Channeled by Judith Coates

upon this plane and the brothers and sisters are the same though they know it not.

- 1994-0909-558 Your purpose is to come Home and as you do that you allow each one the opportunity to see that there is Home. So many of your brothers and sisters, the ones that you associate with in what is known as your high school are crying out to know, "Is there Home? Where is Home?" Not only where is home, but is there a Home? And yet there is a Homesickness felt deep within the heart of each one. Each one has come here as the soul desiring to connect and remember. You are aiding that remembering and it is no small thing that you do.
- 1994-0909-559 Allow yourself beauty in every day. Allow yourself a moment in every day that does not need to be just a minute. It may be half an hour if you want to take half an hour. Even an hour if you would luxuriate in an hour, to nurture yourself in something that bring you joy.
- 1994-0909-560 Nurture yourself, reward the Child that you are in simple ways, joyful ways. Ways that are of beauty. You will do this for yourself so that you know Home and as you are collecting these, what they would be, techniques perhaps for yourself, you are putting them into your toolkit that you will share with others.
- 1994-0909-561 Allow yourself time in every day to smell the roses as it is called. Allow time in every day for your spirituality even if it only be five minutes. When you lay the head upon the pillow talk to your angel. You very much have an angel you know. You have many. But talk to one or another. Call them by name. And you will say, "Well, I don't know their name." Sure you do. A name will come to you. Talk to them. Ask them to go with you the next day. They do anyway, but ask them to go with you the next day and to point out beauty in the next day and you will behold more beauty in the next day and it will grow.
- 1994-0909-562 You, beloved one, are very much surrounded by what you would see as Light beings, angels who are not separate from you. Who very much experience with you as you go through each day. What you have termed your spirituality is always with you and as you. Allow yourself in each day to connect with it for five minutes. Give yourself a flower. Give yourself whatever brings you joy. Go unto what is known as your card store and pick out a card for yourself. You do not even have to give the golden coins for it. Just stand there and read it and take it deep within your heart as a gift unto yourself.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-563 And if you wish to purchase it and take it home with you, follow that guidance for you will find at some later time you will pass it on to a brother or sister who is needing just what you have selected that day. Allow yourself the simple joys of being a Child again. Whatever feels good. If you wish to play with the toys of a child bring them out and play with them again. Whatever you played with as a child.
- 1994-0909-564 Allow yourself time for you are the one who is calling forth time upon this plane and it is yours for whatever you want to do with it and you will find that you will time to get everything done that needs to be done and you will have time for your Self as well. The Self with a capital "S", for that Self is very much calling out to be enjoyed and to be entertained and to be let out of the box and she will dance with you.
- 1994-0909-565 And what you find for yourself beloved one you will be sharing with others. It cannot be otherwise for it is most contagious for as you allow yourself to come Home, as you allow yourself the joy in each day of living it spreads. It cannot help. It is that vibration that we spoke of earlier.
- 1994-0909-566 Allow yourself to reach out and touch another. To put the arm around another if they will accept it and if they won't accept that just to lightly touch them to let them know for so many are starved even of the physical touch of the sharing of the vibration in the physical way. Just to reach out and take one's hand. They may think it most strange at first but they will like it. You will know what is appropriate but share who you are with others for you are a great Light and your purpose is a mighty one.
- 1994-0909-567 Whenever you would question, ask of your angel who is not separate from you. Your angel is you in what you would call another aspect, another dimension. Very much as this one has called his higher Self. Ask of the angel who is you, "How do you see this?" Ask of that angel, "How do you see this? I know how I'm seeing this." And then ask of the angel, "How do you see it from your perspective?" And allow yourself to be that angel for a moment. It will give you a new way of looking upon everything. What you do is most important and you are loved.
- 1994-0909-568 Thank you.
- 1994-0909-569 It has been my grand delight to be amongst you this evening. {Tapping on the drum} This way. Thank you, beloved.
- 1994-0909-570 **Pick it up so it will make it sound better.**

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-571 Ah, indeed, beloved one. {Tapping on the drum again.} Fantastic. The vibration that is you. That is what this evening has been all about. The vibration that is you, that is One....
- 1994-0909-572 **And knows no separation.**
- 1994-0909-573 And knows no separation. This one will have the bumper sticker made and will display it indeed. There is a need for that bumper sticker, yes.
- 1994-0909-574 **No separation.**
- 1994-0909-575 Yes. Indeed, and remember the business cards and the bumper sticker that says, "Follow me. I am going Home."
- 1994-0909-576 **Yeah. For sure.**
- 1994-0909-577 Indeed. It has been my grand joy to come and to be in Love with you for that is where you abide always, in Love. You are beloved of the Father and what you do upon this plane is no mere thing. For in each moment when you allow yourself to connect with the higher Self, which is you, you uplift all of the brothers and sisters. And there will be many avenues, many ways of sharing with the brothers and sisters that will be of healing, of wholing, even upon the flowing water of the river. It is a grand journey that all of you take and it is to be enjoyed. For that is why you are calling it forth. Not to suffer and to come through and to say, "Well I have come through another ordeal."
- 1994-0909-578 {Laughter}
- 1994-0909-579 How does one know? How does one know?
- 1994-0909-580 {Laughter and comments}
- 1994-0909-581 Exactly. There is but one Mind. To be in joy for you are calling it forth. You have called forth is evening and the answers that have been given unto you seemingly from another source have come from within, yes. They are your answers. Yes.
- 1994-0909-582 **I just thought of something else.**
- 1994-0909-583 Indeed.
- 1994-0909-584 **There is a client of mine that just discovered a real major health problem and my intention while I am on the river with all of the women healers is for us to connect with her and to help her as a group because it will be a lot more powerful.**
- 1994-0909-585 Yes, there is much energy in that, yes.

- 1994-0909-586 **Right. So can you tell me if that will be affective?**
- 1994-0909-587 It will be effective in that it will bring together all of the women healers, as you have called them, into a place of knowing their oneness and their energy. Whether it will be effective with the one who is now manifesting this challenge, we will call it, is her choice. Allow this one who is manifesting this to know that it is not life threatening in that the body need not be laid down. She is manifesting this in order to know the energy that she is. Exactly what we have talked about in this evening, in order to come past appearances.
- 1994-0909-588 It is an avenue of wholing for her. Not just what you would see as healing of the body for that comes as the result of the wholing that is accepted and acknowledged within, the knowingness. Then the healing of the body follows after.
- 1994-0909-589 **So she won't be in a position to have to make a major decision about surgery or anything like that while I'm gone? You know.**
- 1994-0909-590 Again it is as we answered the other one with the cousin, it will be her truth - with a small "t" - which she is scripting for herself and there are no wrong scripts. They all offer opportunity for coming Home.
- 1994-0909-591 **So do you know whether she's going to be in that position to be facing something like a major surgery while I'm gone?**
- 1994-0909-592 As it is seen now, no.
- 1994-0909-593 **And I know that can change.**
- 1994-0909-594 For all of you are the masters upon this plane who are scripting your stories. But as it is seen now, no, there will be a process of wholing that will come about. There will be as it is seen now, this can be changed. There will be seen some rocks and boulders on the path for there are major fears. But that is why it has come up.
- 1994-0909-595 **To face the fears?**
- 1994-0909-596 Yes, and to come unto that place of wholing.
- 1994-0909-597 **There is no separation.**
- 1994-0909-598 Indeed. You have learned that well beloved one. This evening has been about that very thing. About the vibration that you are, about the hum that you are, about the Light that you are in this world and about the tone that you are and there is no separation. There is a oneness. The one holy Child that you are and the time comes rapidly now when the one holy Child will know her/his oneness.

1994-09-09 Oakbridge University Channeled by Judith Coates

- 1994-0909-599 {There is a purple candle lit on the table beside Jeshua's chair.}
- 1994-0909-600 **What is the purple about?**
- 1994-0909-601 What is the purple about? What purple would you be seeing?
- 1994-0909-602 **Well, I noticed you have a purple candle out and I've been watching you and I've been seeing sparkles of purple.**
- 1994-0909-603 Yes.
- 1994-0909-604 **Little dots of purple and they have been shattering all night.**
- 1994-0909-605 Indeed. You are one, beloved one, who is allowing even the physical eyes to behold the Light of another one. This is what happens at all times, is that your Light energy sparkles. It is not static. It is not just a flow that would be seen to be all together, but it very much lives and flashes.
- 1994-0909-606 The purple beloved one, is of a very deep vibration. It is known to be my vibration but it is also your vibration.
- 1994-0909-607 **Because there is no separation.**
- 1994-0909-608 {Laughter}
- 1994-0909-609 This one is so good. You have got it, as they say.
- 1994-0909-610 All of you at all times emit the Light that you are and it is seen as the various colors as you would see the light coming through a prism and being then perceived as the colors. The purple is a color that I feel very much in alignment with. Thank you, beloved one, for seeing that.
- 1994-0909-611 **I use that in my meditations.**
- 1994-0909-612 Yes. Meditate upon that color for it is your color as well. Yes.
- 1994-0909-613 **Will you give me a bon voyage hug?**
- 1994-0909-614 Oh, indeed, my pleasure. {Hugging a sister and the sound is amplified as it covers the microphone}
- 1994-0909-615 **There is no separation.**
- 1994-0909-616 There is no separation. That is indeed what it sounds like.
- 1994-0909-617 **That's her vibration.**
- 1994-0909-618 It is the cosmic laughter. As you go forth from this place this evening take with you your awareness of the Light that you are. The beautiful radiant Light that you are. Your higher Self. Allow yourself to pause and look upon the one who stands before you and to know that they are one with you.
- 1994-0909-619 {Group in unison}

- 1994-0909-620 **There is no separation.**
- 1994-0909-621 Allow yourself the joy of the holy Child for that is who you are. Allow yourself time to nurture, to put the body in the bed and to allow it to be comfortable.
- 1994-0909-622 {To a sister laying on the floor}
- 1994-0909-623 **She's ready.**
- 1994-0909-624 Indeed, and there are times that the body calls out because you desire the quiet time for the soul as well. That is why you do it and it nurtures the holy Child.
- 1994-0909-625 It has been my delight to be amongst you this evening, to play with you, to share with you, to laugh with you. To allow the vibration of my Light to be one with your Light.
- 1994-0909-626 **And there is no separation.**
- 1994-0909-627 You are a grand delight. All of you.
- 1994-0909-628 **We can get you a bumper sticker that says, "Come Fly With Me."**
- 1994-0909-629 Indeed. I would enjoy that.
- 1994-0909-630 **Where are you going to put it?**
- 1994-0909-631 I will put it upon the purple Light.
- 1994-0909-632 **You know like those airplanes that have those trailers.**
- 1994-0909-633 **Right.**
- 1994-0909-634 And I will trail it, always. Remember the Light that you are. Allow it to shine brilliantly, radiantly and in the morrow when you get up from your bed....
- 1994-0909-635 **I am alive.**
- 1994-0909-636 I am alive. I am totally alive and there is no separation.
- 1994-0909-637 So be it.